

# Middle & High School Lunch Menu

# April 2017

|               | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|---------------|--|---|--|---|---|
|               | <b>3</b>   | <b>4</b>  | <b>5</b>   | <b>6</b>  | <b>7</b>  |
| <b>Entrée</b> | Grandma's Country Fried Steak w/Gravy<br>~or~<br>Golden Crispy Chicken Tenders | Spicy Chicken Patty<br>~or~<br>French Toast & Sausage   | Mozzarella Cheese Stix w/ Marinara Sauce<br>~or~<br>Turkey Pot Roast over Noodles  | All American Burger on Bun<br>~or~<br>Chicken Egg Roll<br>Veggie Fried Rice | Capt. Tom's Fishwich<br>~or~<br>Chicken Nuggets w/ Dipping Sauce              |
| <b>Sides</b>  | Mashed Potatoes w/ Gravy, Steamed Spinach or Daily Side                        | Golden Hash Brown Patty, Baked Beans or Daily Side  | Country Trio Vegetables, Italian Salad or Daily Side   | Savory Green Beans, Crisp Sweet Potato Gems or Daily Side                   | Macaroni & Cheese, Broccoli Normandy, Fresh Cucumber Tomato Cup or Daily Side |
|               | <b>10</b>  | <b>11</b>   | <b>12</b>  | <b>13</b>   | <b>14</b>   |
| <b>Entree</b> | Breaded Chicken Patty on Bun<br>~or~<br>Mini Corn Dog Nuggets                  | Classic Cheese Pizza<br>~or~<br>Baked Potato topped w/ Broccoli & Cheese or Chili & Cheese    | Hot Dog on Bun<br>~or~<br>Down Home Salisbury Steak  | All American Burger on Bun<br>~or~<br>Golden Baked Chicken Drumstick        | <b>NO SCHOOL</b>  |
| <b>Sides</b>  | Mac n' Cheese, California Blend Veggies or Daily Side                          | Spinach Salad, Tender Carrots or Daily Side   | Mashed Potatoes w/Gravy, Tasty Green Peas or Daily Side  | Baked Beans, Corn Cobbette or Daily Side                                    |   |
|               | <b>17</b>  | <b>18</b>   | <b>19**</b>  | <b>20</b>   | <b>21</b>   |
| <b>Entree</b> | Spaghetti in Meat Sauce<br>~or~<br>Pizza Slice                                 | French Toast & Sausage<br>~or~<br>Breaded Chicken Patty on Bun                                | Mozzarella Cheese Stix w/ Marinara Sauce<br>~or~<br>Crunchy Chicken Bites<br><br>**HS Only—Sack Lunch due to early release | Cheeseburger on Bun<br>~or~<br>Pepperoni Calzonette                         | Chicken Nuggets w/ Dipping Sauce<br>~or~<br>Cheesy Enchiladas                 |
| <b>Sides</b>  | Garlic Breadstick, Vegetables Capri, Italian Salad or Daily Side               | Crisp Hash Brown Patty, Steamed Broccoli or Daily Side  | Steamed Rice w/Oriental Vegetables, Whole Kernel Corn or Daily Side  | Oven Baked Fries, Green Beans or Daily Side                                 | Corn and Black Bean Salsa, Fresh Baby Carrots or Daily Side                   |
|               | <b>24</b>  | <b>25</b>   | <b>26</b>  | <b>27</b>   | <b>28</b>   |
| <b>Entree</b> | Spicy Chicken Patty on Bun<br>~or~<br>Sliced Turkey w/Gravy                    | Pizza Primo!<br>Buffalo Chicken or Four Meat<br>~or~<br>Grandma's Country Fried Steak w/Gravy | Hot Dog on a Bun<br>~or~<br>Bean & Cheese Burrito  | All American Burger on Bun<br>~or~<br>Savory BBQ Rib on Bun                 | Capt. Tom's Fishwich<br>~or~<br>Taco Casserole w/ Cornbread                   |
| <b>Sides</b>  | Mashed Potatoes w/ Gravy, Spinach Rice Casserole or Daily Side                 | Tasty Green Peas, Fresh Tomato Broccoli Cup or Daily Side                                     | Refried Beans, Crispy Sweet Potato Gems or Daily Side  | Corn Cobbette, Cheesy Cauliflower or Daily Side                             | Broccoli Normandy, Crisp Sugar Snap Peas or Daily Side                        |

### Daily Sides

Garden Side Salad; Fresh Veggie Cup;  
Fresh & Canned Fruit; Juice; Milk

### Lunch Prices

Full Pay \$2.80

Reduced \$.40

### Entrees Available Daily

Pizza

Hamburger on Bun

Chicken on Bun



### Domino's Pizza

4/17 Holt  
4/18 Liberty  
4/21 South Middle  
4/24 Timberland  
4/25 Wentzville Middle  
4/26 Frontier Middle

Menu items are subject to change due to weather, product availability, or administrative directive. The USDA is an equal opportunity provider.